



Photo courtesy of Parliament of Canada

The Hon. Sonia Sidhu, P.C., M.P.

Sonia, MP for Brampton South, is a product of the last federal election's wave of hope, inclusivity, and positivity as well as her own hard work. She has distinguished herself as someone focused on her constituents—especially upon improving the lives of newcomers to Canada.

Before entering politics, she volunteered at municipal, provincial, and national levels of government. Sonia was employed for nearly two decades as a diabetes educator and health research coordinator.

A member of the House of Commons' Standing Committee on Health, she sits on its Special Committee on Pay Equity. She co-chairs and champions the All-Party Diabetes Caucus. General-Secretary of the Canada-India Parliamentary Friendship Group and an executive member of the Canada-Poland and Canada-Portugal groups, Sonia is also a member of the Canada-Europe Parliamentary Association, the Canada-U.S. Inter-Parliamentary Group, and the Commonwealth Parliamentary Association.

She and her husband Gurjit have twin daughters, Arshia and Amrit, and a son Akash.



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